

WOMEN of St. Patrick Church of Merna

Are you looking for a way to enhance your Lenten experience...

“Emptying Your Cup: Finding Peace through Letting Go”

...a mini-retreat, designed just for you!

Join us for an evening of spiritual renewal that will provide sacred time and space for quiet reflection, prayer rituals and discussion on what we need to let go of in our lives so we have room to “fill our cup” with God’s unconditional love.

Please bring your favorite mug or coffee cup from home for the prayer rituals.

Tuesday, March 6th in the Shamrock Hall

5:00 to 6:00 p.m. – Light dinner

(A box “dinner” will be provided, come when you can for food and social-time)

6:00 – 9:00 p.m. – Retreat

COST: \$20 (includes dinner and materials)

Sponsored by *Ministry of Mothers Sharing*



Name _____

Phone _____

Email _____

For Office Use: _____ Check _____ Cash